

# The Leaflet



**Issue 5 | November 2020 | Volume 2**



PART III



*Welcome Pharmily! This newsletter is officially from the Howard University College of Pharmacy Student Council. We intend to keep you informed of upcoming events and to highlight activities.*

## *Dose of Reality.*



**Congrats everyone! You've made it!**  
**Fall semester is near an end:**  
**Nov. 25 - Last day of formal classes**  
**Nov. 26-29 - Thanksgiving Recess**  
**Dec. 4 - Fall Semester Ends**  
**Dec. 3-10 - Final Exams**



**Hoping you exercised  
your right to vote!**

**November serves as an Awareness month for Lung Cancer, Diabetes and COPD. Let's do our part in spreading awareness and addressing risk factors throughout the community.**





# MedGuides

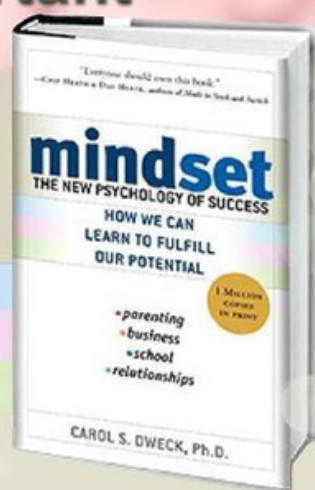
Annual Professionalism & Leadership Workshop

## Developing a Growth Mindset: Why it is important

### mindset

THE NEW PSYCHOLOGY OF SUCCESS

HOW WE CAN  
LEARN TO FULFILL  
OUR POTENTIAL



Organized jointly by HUCOP Professionalism Board and PLS

Guest Speaker: Dr Richard Harris, PharmD, MD, MBA

Date: Wednesday, November 4th 2020

Time: 7-8 PM

Fulfills required co-curricular assignment  
HUCOP Professionalism Board Program

Zoom Information:

Meeting ID: 846 2284 5098

Passcode: 40381373



APhA-ASP and Kappa Psi Pharmaceutical Fraternity INC. Presents the  
**VAMPIRE CUP**



# BLOOD DRIVE

Give the gift of life.

\*COVID-19  
Guidelines will  
be enforced \*

Did You KNOW ?  
Children's National  
Hospital is currently  
treating 1,400 children  
( approximately 87%  
African American)  
with sickle cell  
disease.

Donate Blood to  
Children with Sickle  
Cell Disease

Blood  
Donation  
Center at Children's  
National Hospital

111 Michigan Avenue NW  
Washington, DC 20010

\* Blood Donors will receive a meal voucher or free gift from the Blood Donation Center \*

Thursday  
November 5th, 2020

Saturday  
November 7th, 2020

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# ΦΔΧ

## THE PATH LESS TRAVELED



ALEXANDRA FLORES  
ASSOCIATE DIRECTOR OF STRATEGIC  
PAYER COMMUNICATION AT J&J



KEVIN SHIAO  
SCIENTIFIC ASSOCIATE AT PRECISIONVALUE

JOIN PDC TO LEARN MORE ABOUT  
UNCONVENTIONAL ROUTES TAKEN TO  
OBTAIN A POSITION IN INDUSTRY

NOVEMBER 5 -2020 AT 7:00PM EST

# Monthly Adherence

11/4 7:00-9:00p

Developing a Growth Mindset: Why it is important  
feat. Dr. Richard Harris

**CO-CURRICULAR: Professionalism/Leadership (once  
as P1)**

11/5-11/7 7:00a-4:00p

APhA & KP Blood Drive at Children's National  
Hospital

**CO-CURRICULAR: Public Health Outreach (P1-P3)  
(FULFILLED BY ASSISTING W/PAPERWORK)**

11/5 7:00-8:00p

PDC Presents: The Path Less Traveled

11/6 8:30-11:30a

CCPMRC & APhA : Mass Vaccinations at CCNV Shelter

**CO-CURRICULAR: Public Health Outreach (P1-P3)  
(Click the flyer to sign-up)**

11/6 5:30p

PDC Election Discussion and Interest Meeting

11/6 6:00-7:00p

SNPhA Cardio Challenge

11/8 - 11/14

KE Week

11/10 7:00-8:30p

Novo Nordisk Career Fair Presentation

11/12 5:00-6:00p

DIA CV Prep and Review

11/12 6:00-8:00p

APhA-ASP Diabetes Awareness Webinar

11/16 - 11/20

PLS week

11/19 5:00-6:00p

DIA Interview Practice/Preparation

11/20 7:00p

ASCP - Healing the Healer

11/21 10:00a-2:00p

ASHP Mini-Mid year



# MedGuides

SNPHA Power to End Stroke Presents **KAHOOT**

## CARDIO CHALLENGE!

Final Opportunity to Join: Nov. 6th

EXTRA CREDIT FOR P2S IT2 EXAM 2



CAPITOL CITY PHARMACY MEDICAL RESERVE CORPS

OPERATION IMMUNIZATION  
APHA ACADEMY OF STUDENT PHARMACISTS

### Volunteers Needed

**Mass Vaccinations @ Community for Creative Non-Violence Shelter**

Capitol City Pharmacy Medical Reserve Corps (CCPMRC) is partnering with Unity Healthcare to conduct mass immunization on November 6, 2020.  
425 2nd St NW, Washington, DC 20004

Shifts Available:  
8:30a-10:00a  
10:00a-11:30a  
8:30a-11:30a



NOVEMBER 6, 2020 | PHI DELTA CHI | 5:30 PM EST

## THE FINALE: RUNOFF ELUSION EDITION

JOIN PDC TO DISCUSS THE EVENTS OF THE ELECTION AND LEARN MORE ABOUT HOW TO BECOME A BROTHER




## KE Week Alpha Pi Celebrating 36 Years

<b>Sunday, Nov. 8th</b> P3 IT6 Exam Review	<b>Monday Nov. 9th</b> P2 IT2 Exam Review
<b>Tuesday Nov. 10th</b> Red Table Talk (Invite Only)	
<b>Wednesday Nov. 11th</b> P1 PT Review	<b>Thursday Nov. 12th</b> Create your Own Vision Board online w/ BGIP
<b>Friday Nov. 13th</b> Social Bonding Night Virtual Karaoke	<b>Saturday Nov. 14th</b> Alumni Social (Klosed Event)

Apha-ASP Presents National Diabetes Awareness Webinar



### Living With Diabetes

Interactive Session with Patient



DR. ESTELA LAJTHIA  
CLINICAL ASSISTANT PROFESSOR



DR. AYUK  
THE CEO AND FOUNDER OF FLEXCARE HEALTH SOLUTIONS



DR. MCKOY-BEACH  
ASSISTANT PROFESSOR

### Panel of Expert Clinical Pharmacists Trained in Diabetes Management

Day: November 12, 2020  
Time: 6pm  
Where: Zoom



ASCP and Apha-ASP Present

## Healing the Healer

### Practice Self-care

Identify your stressors  
Develop a self-care plan  
Learn ways to improve your health

Friday, November 20th  
7pm

Virtual Kahoot, prizes and extra credit for P1-P3s

## Follow up



Reach out to CPSC so we may include your organization's upcoming event, feature a past event or recognize an outstanding member in an upcoming article.

Howard University College of Pharmacy

# MINI MIDYEAR

November 21, 2020  
10:00AM-2:00PM



BROUGHT TO YOU BY ASHP, IPHO, SNPHA, AND KAPPA PSI

